



Dear Parents:

April is a very special month in Canada. It is Oral Health Month. School children across Canada from Junior Kindergarten to grade six are going to brush their teeth. Please encourage your child to brush his/her teeth.

Log on to [www.brushamania.ca](http://www.brushamania.ca) every day to record your child/children's brushes and flosses. You have until 12am (midnight) to record the previous day's brushes and flosses.

All elementary students up to grade 6 who brush and/or floss their teeth 100 times within any 30-day period will be emailed a Brush-a-mania certificate of achievement. His or her name may be entered into our draw to win a Nintendo Switch or one of fifty Android tablets.

Any elementary student in Canada up to grade 6 is eligible to enter. The contest closes May 31, 2025. **Winners will be notified after June 7 and all winners' first name and name of their school will be posted on our website.** Prizes will be sent to your child's school for presentation. We wish you all good luck and remember to have fun while you brush and floss!

With our primary goal being to help promote proper oral health, if your child happens to forget recording his/her brushes, you have the ability to restart their 30 day tracking period. Please remember the recording of brushes online begins April 1st and closes May 31st.

If you have any questions, please contact my co-chair Jennifer Boyd at [jennifer@brushamania.ca](mailto:jennifer@brushamania.ca).

Please encourage your children to take good care of their teeth. April is Oral Health Month and I need you and your children to make it a BIG month. And don't forget to have FUN!

Thank you so much for promoting good oral health,

Raffy Chouljian, DDS  
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